



Your Information - Your Rights. Our Responsibilities Under the HIPAA Privacy Rules

This notice describes how dental and medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Your Rights: You have the right to:

- *Get a copy of your paper or electronic medical record*
- *Correct or request corrections to your paper or electronic dental record*
- *Request confidential communication*
- *Ask us to limit the information we share*
- *Get a list of those with whom we've shared your information*
- *Get a copy of this privacy notice*
- *Choose someone to act for you*
- *File a complaint if you believe your privacy rights have been violated*

Your Choices:

You have some choices in the way that we use and share information as we:

- *Talk to family and others whom you designate about your oral health care*

Our Uses and Disclosures

We may use and share your information as we:

- *Treat you*
- *Run our organization*
- *Bill for your services*
- *Help with public health and safety issues*
- *Do research*
- *Comply with the law*
- *Respond to organ and tissue donation requests*
- *Work with a medical examiner or funeral director*
- *Address workers' compensation, law enforcement, and other government requests*
- *Respond to lawsuits and legal actions*
- *Respond to requests for substance abuse records – Note: our practice does not routinely maintain records about substance abuse.*

Your Rights

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

Get an electronic or paper copy of your dental record.

- *You can ask to see or get an electronic or paper copy of your dental record and other health information we have about you. Ask us how to do this.*
- *We will provide a copy or a summary of your health information, usually within 15 days of your request. We may charge a reasonable, cost-based fee.*

Ask us to correct your dental record

- *You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.*

Sheila Shahabi DDS



Ask us to limit what we use or share

- You can ask us not to use or share certain health information for treatment, payment, or our operations. We are not required to agree to your request, and we may say “no” if it would affect your care.
- If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say “yes” unless a law requires us to share that information.

Get a list of those with whom we’ve shared information

- You can ask for a list (accounting) of the times we’ve shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We’ll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.

Get a copy of this privacy notice

You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

File a complaint if you feel your rights are violated

- You can complain if you feel we have violated your rights by contacting our Privacy Officer. Contact information is listed below.
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/.
- We will not retaliate against you for filing a complaint.

Your Choices

For certain health information, you can tell us your choices about what we share.

If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- Share information with your family, others involved in your care, as you have designated on your HIPAA Acknowledgement form

In these cases we never share your information unless you give us written permission:

- Marketing purposes – our website and social media posts.

Our Uses and Disclosures

How do we typically use or share your health information?

We typically use or share your health information in the following ways:

To treat you

We can use your health information and share it with other professionals who are treating you.

Example: We consult with a specialist regarding your treatment.

To run our practice

We can use and share your health information to run our practice, improve your care, and contact you when necessary.

Example: We use health information about you to manage your treatment and services.

To bill for your services

We can use and share your health information to bill and get payment from health plans or other entities.

Example: We give information about you to your health insurance plan so it will pay for your services.

Sheila Shahabi DDS



How else can we use or share your health information?

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your

information for these purposes. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

Help with public health and safety issues

We can share health information about you for certain situations such as:

- *Preventing disease transmission*
- *Helping with product recalls*
- *Reporting adverse reactions to medications*
- *Reporting suspected abuse, neglect, or domestic violence*
- *Preventing or reducing a serious threat to anyone's health or safety*

Do research

We can use or share your information for health research.

Comply with the law

We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

Respond to organ and tissue donation requests

We can share health information about you with organ procurement organizations.

Work with a medical examiner or funeral director

We can share health information with a coroner, medical examiner, or funeral director when an individual dies.

Address workers' compensation, law enforcement, and other government requests

We can use or share health information about you:

- *For workers' compensation claims*
- *For law enforcement purposes or with a law enforcement official*
- *With health oversight agencies for activities authorized by law*
- *For special government functions such as military, national security, and presidential protective services*

Respond to lawsuits and legal actions

We can share health information about you in response to a court or administrative order, or in response to a subpoena.

Sheila Shahabi DDS



Respond to requests for substance abuse records

Our practice does not create or store substance abuse records. If this information should become part of your patient record, the information will be treated in accordance with all federal laws.

Our Responsibilities

- ***We are required by law to maintain the privacy and security of your protected health information.***
- ***We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.***
- ***We must follow the duties and privacy practices described in this notice and give you a copy of it.***
- ***We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.***

For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

Changes to the Terms of this Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

These rules are subject to the laws of the state of California or other laws that require greater limits on disclosures.

This notice is effective as of: 2/16/2026

The Privacy Officer for our practice is: Dr Sheila Shahabi

Our Privacy Officer can be contacted by phone: 415-576-9400

Email: serenitydentalspa@sbcglobal.net

We never market or sell your personal information.

Sheila Shahabi DDS



Sheila Shahabi DDS

345 California Street, Suite 170, San Francisco CA 94104 • www.serenitydentalspa.com • 415.576.9400